

**DID YOU KNOW...**

# **YOU CAN NOW SEE A PHYSIOTHERAPIST WITHOUT GOING TO A DOCTOR FIRST?**

**FIRST CONTACT PHYSIOTHERAPY** is a new service, where Specialist Musculoskeletal (MSK) Physiotherapy is offered as an alternative to seeing your GP for MSK conditions.

This can also help to reduce the waiting time for you to be seen.

## **The physiotherapist will:**

- Assess you and diagnose what's happening
- Give expert advice on how to manage your condition
- Refer you on to specialist services if needed
- Appointments within five working days



**RIGHT CARE,  
RIGHT PERSON,  
RIGHT TIME**



**SPEAK TO OUR  
RECEPTIONISTS FOR MORE  
INFORMATION TODAY**